

Financial Action & Advice Derbyshire

“Making sure that everyone in Derbyshire has enough to live on”

Partnership Strategic Action Plan 2014

Newsletter No 6

September 2014

The summer has slipped away and all of a sudden its September and the children are back at school. Summer can be an anxious time for many families struggling to survive on a low income. For working families it can be difficult to afford childcare, and taking time off work is a financial struggle. Children used to getting a decent meal at school may find themselves going without. The pressure on families is enormous. Small wonder that often people resort to payday loans to meet the shortfall.

Focus on Food

Food poverty continues to hit the headlines with food banks reporting a continuing surge in demand for food aid and many families struggling to provide a nutritious and balanced diet for their children. This impacts in so many ways, helping to reinforce the cycle of poverty.

FAAD is proposing a major campaign for the winter bringing together partners to focus on food poverty and help Derbyshire families to find ways of eating healthily on a budget.

Heat or Eat? How to do both on a Budget

We are looking for partners interesting in working with us on this project. Some ideas so far are;

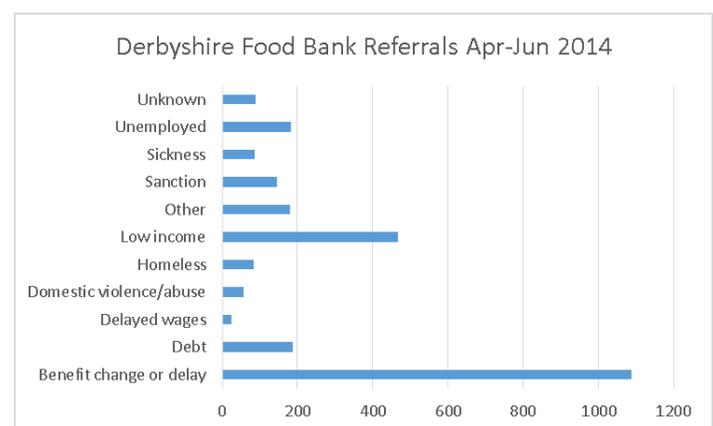
- Roadshows
- Cookery demonstrations

- Cookery book
- Press and media
- Leaflet campaign

If you are interested in becoming a member of the task and finish group to deliver this campaign, please get in touch with Bev Parker.

Food Banks in Derbyshire

Latest data from Derbyshire Food banks showed that in the three month period from April to June, more than six thousand individuals received help. The prime reason for needing help is either a change or a delay in benefit payments (42%). About 20% of referrals came from Job Centres with 14% of referrals from children's centres and 11% from Citizens Advice Bureaus.



Derbyshire County Council have produced a useful map showing where foodbanks are located, mapped to deprivation indices. To download a copy [Derbyshire Food Bank map](#)

To find out contact details, opening times etc for Foodbanks go to

<http://www.nedcab.org.uk/foodbanks.shtml>

The county has also increased the number of donation points where the public can donate food by opening up a number of its libraries. To find out where go to: [DCC Food Donation Points](#)

Public Health England Call Social Landlords for Proposals in Healthy Eating

Poor diet has a number of consequences including overweight and obesity, cardiovascular disease, type-2 diabetes and some cancers.

PHE knows that social landlords are important players in local communities and are in a unique position to offer support to achieving healthier lifestyles. They understand the needs of their residents and often invest in interventions to support them; this has included a range of food-related initiatives, for example the National Housing Federation has recently published a good practice guide on food growing.

PHE would like to work with social landlords to help people improve their diet and eat more healthily and is seeking to fund small-scale pilot projects, of around 5-6 months duration, which will enable this.

To find out more

<http://www.neighbourhoodsgreen.org.uk/PHEGrant>

Farmers Call for dairy products to be distributed in Food banks

Farmers for Action have drawn up an online petition urging the government to offer dairy products through food banks.

High milk production this year has left stocks of butter and cheese especially high and many farmers are facing more heavy price cuts. The group calls on the government to reduce supplies and ease price pressure

by distributing surplus cheese and milk to those hard-up financially.

Sounds like a good idea? Sign the petition here

<http://epetitions.direct.gov.uk/petitions/68900>

Research Update

The Joseph Rowntree organisation has published [Reducing poverty in the UK: a collection of evidence reviews](#). As part of Joseph Rowntree's anti-poverty strategy, they commissioned researchers to carry out reviews of existing policy and research on a wide range of social issues that are related to poverty. The thirty three studies in this collection are the findings of those reviews which are split into five sections:

- the bigger picture;
- welfare and work;
- money and the cost of living;
- education, family and the community;
- and complex needs.

Contacts

We have moved! Our new address is:-

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